



JUNE 2014

monthly & special events

City of Burbank - Park, Recreation & Community Services Department
Programs for those 55+

Joslyn Adult Center

1301 West Olive, Burbank 818.238.5353

* See 'Best of Times' for more info					☑ Sign-up required	+ Additional fee required
1	SUN	12:30	p.m.	Matinee Dance with Biba +		Every Sunday
2	MON	10:00	a.m.	Braille Low Vision Rehabilitation Van - by appointment only ☑		Varies monthly
		11:00	a.m.	Keystone Group		1st & 3rd Mon
		2:30	p.m.	Get Organized Reunion (for former class members) ☑		Special
3	TUE	9:00	a.m.	Blood Pressure Check		1st Tue
		12:30	p.m.	House Committee Meeting		1st Tue
4	WED	10:00	a.m.	HICAP Medicare Counseling ☑		1st & 2nd Wed
		12:00	noon	Rummy Tile ☑		1st Wed
		3:00	p.m.	Greeting Card Class ☑+		1st Wed
		6:30	p.m.	Burbank Coin Group Meeting		1st Wed
5	THU	11:30	a.m.	Baking Group (special date this month) ☑+		3rd Thu (Jul)
		7:00	p.m.	Women & Changes Support Group ☑		1st & 3rd Thu
6	FRI	12:30	p.m.	Life Transitions Support Group (12:30-2:00 p.m.)		1st Fri
7	SAT	10:00	a.m.	Horseshoe Tournament ☑		Varies monthly
8	SUN	12:30	p.m.	Matinee Dance with Biba +		Every Sunday
9	MON	9:00	a.m.	Summer Day Trip Registration (on E-Trak Plus)-numbers given out at 8:00 a.m. ☑+		Quarterly
		10:00	a.m.	Retired Public Employees (RPEA) Board meeting		2nd Mon
		10:00	a.m.	Neuropathy: What is It? Its Symptoms, Causes, & Treatments (Nutrition room)		Special *
		12:30	p.m.	"Dance Now!" Ballroom Formation Team Performance - Don't Miss it!		Special *
		2:15	p.m.	Joslyn Afternoon Reader Group ☑		2nd Mon
10	TUE	11:00	a.m.	Benefits Enrollment Program ☑		2nd Tue
		12:30	p.m.	No AARP Driver Safety Program - returns in September ☑+		2nd Tue
11	WED	10:00	a.m.	HICAP Medicare Counseling ☑		1st & 2nd Wed
		12:30	p.m.	Parkinson's Support Group - open meeting		2nd Wed *
		12:30	p.m.	Warner Bros. Board Meeting		2nd Wed
		3:00	p.m.	Womens' Health Education: "The Healthy Breast" with Dr. Deanna Attai ☑		Special *
		6:00	p.m.	LARC Pistol & Rifle Group Meeting (new time)		2nd Wed
12	THU	9:00	a.m.	Bet Tzedek Legal Services ☑		2nd Thu
		2:00	p.m.	Book Group - "Nothing to Envy"-Barbara Denick & "Escape From Camp"-Blaine Hardin		2nd Thu
		6:00	p.m.	Burbank University Women (meets outside Joslyn)		2nd Thu
		7:00	p.m.	"Flag Day" Ballroom Dance +		Varies monthly

**REMEMBER TO SCAN
YOUR BSAC CARD
BEFORE EACH
ACTIVITY!**

Continued on back

Upcoming Health Seminars

- **Neuropathy: What is It?**
Monday, June 9, 10:00 a.m.
- **The Healthy Breast**
Wednesday, June 11, 3:00 p.m.
- **Healthy Cooking (Part 2)**
Friday, June 13, 9:30 a.m.



Sign up for our next Mah Jongg Class!

Tuesdays, starting July 8, 12:30 p.m..
Course fee is \$20.00 (\$10.00 with BSAC).
Contact the Recreation Office for info.



U.S. Coin & Currency Appraisals Saturday, June 14, 12:30-3:00 p.m.

Get verbal appraisals of U.S. coins & currency.
Fee is \$2.00 per party (Free with BSAC card).

Summer Music Performances at Joslyn

Dance Now!

Monday June 9, 12:30 p.m.

Mark Anton Singers

Monday, June 30, 12:30 p.m.

Summer of Salsa

Tuesday, July 8, 1:00 p.m.

Larry Gillespie & the Burbank Big Band Rehearsals

Monday, July 14 and August 11, 1:00-3:00 pm.



**Notice: "Chair Fitness
with Kaye" continues!**
Thursdays at 2:30 p.m.

13	FRI	9:30	a.m.	Healthy Cooking Demonstration (part 2) by Lakeside Medical with Chef Ian-Max	2nd Fri
		7:00	p.m.	Western Weavers' Square Dance +	2nd & 4th Fri
14	SAT	12:30	p.m.	Coin Appraisals with the Burbank Coin Group (12:30-3:00 p.m.)	Special *
15	SUN	12:30	p.m.	Matinee Dance with Biba +	Every Sunday
16	MON	11:00	a.m.	Keystone Group	1st & 3rd Mon
17	TUE	10:00	a.m.	Joslyn Information Program for New Participants	3rd Tue
		10:00	a.m.	HICAP Medicare Counseling ☑	3rd & 4th Tue
				No Men's Group (Pool Room) meeting - (returns in September)	3rd Tue
		1:30	p.m.	Red Hat Society ☑	3rd Tue
18	WED	9:30	a.m.	Notary Service ☑+	3rd Wed
		1:00	p.m.	Ten-Minute Attorney ☑	3rd Wed
19	THU	10:30	a.m.	Diabetes Management Support Group	3rd Thu
		7:00	p.m.	Women & Changes Support Group ☑	1st & 3rd Thu
20	FRI	9:00	a.m.	"Bobbin Winders" Quilting Group - 3-day workshop (special date this month)	2nd Fri-Sun
		12:30	p.m.	Classic Matinee Movies - featuring <i>"The Stranger Wore a Gun"</i>	3rd Fri
21	SAT			<i>"Civitan Day" - limited parking in Joslyn lot</i>	
22	SUN	12:30	p.m.	Matinee Dance with Biba +	Every Sunday
23	MON	11:45	a.m.	Retired Public Employees Association (RPEA) Meeting	4th Mon
		5:00	p.m.	"Rock Hop" with DJ Biba - music of the 50s & 60s (5:00-7:00 p.m.) +	4th Mon
24	TUE	10:00	a.m.	HICAP Medicare Counseling ☑	3rd & 4th Tue
		12:30	p.m.	Leadership Burbank "Joslyn Oasis Celebration" - join us!	Special
		2:00	p.m.	Benefits Enrollment Program ☑	4th Tue
		2:30	p.m.	No Opera Group (returns in September)	4th Tue
25	WED	9:00	a.m.	Hearing Screening & California Telephone Access Program ☑	4th Wed
		11:30	a.m.	No Tom McNett Lockheed Retirement Group this month	Last Wed
		1:00	p.m.	Senior Board Meeting	4th Wed
		3:00	p.m.	Joslyn Jam Session - Come to join in or listen!	4th Wed
26	THU			<i>See our Weekly flier for ongoing Thursday activities</i>	
27	FRI	9:00	a.m.	T-Shirt Painting Class ☑+	Last Fri
		10:00	a.m.	Valley Porcelain Artists Meeting	Last Fri
		1:00	p.m.	Alzheimer's and Dementia Caregivers Support Group	4th Fri
		7:00	p.m.	Western Weavers' Square Dance +	2nd & 4th Fri
28	SAT			<i>"Ponytail Jamboree Day" - limited parking in Joslyn lot</i>	
29	SUN	12:30	p.m.	Matinee Dance with Biba +	Every Sunday
30	MON	12:30	p.m.	Mark Anton Singers Perform - don't miss them!	Special *

* See 'Best of Times' for more info ☑ Sign-up required Fees are generally \$2/session - more if indicated by "+"



Upcoming Day Trips

Pick up a brochure or call the Travel Office at 818.238.5353 for more info.

Bowers Museum - "The Lure of California's Chinatowns"

Wednesday, July 30, 10:30 a.m.-4:30 p.m. (\$54.00)

"Country Queens" Show + lunch

Thursday, August 7, 9:30 a.m.-4:00 p.m. (\$63.00)

Summer Trip Registration - for July, August, & September Trips: Monday, June 9, 9:00 a.m.--Numbers given out starting at 8:00 a.m. **Receive \$2.00 off per trip with your 2014 BSAC card.** ☑+

Hollywood Bowl Ticket Giveaway!



In June, current BSAC cardholders may sign up for 2 free tickets to selected evening Hollywood Bowl events (starting July), featuring the LA Philharmonic (while supplies last). Note: transportation is not provided. A sign-up list is available at the Travel/Recreation Office.



Digital Camera

Sign our interest list for the next class. Learn basic composition, ways to be artistic, when to use a wide angle, telephoto settings, flashes, and more! Bring your own camera with instruction book. This **5-week** course fee is \$20.00 (\$10.00 with BSAC card).